

THE FOUR TREES

MOIRA

GLUTEN FREE MENU

STARTERS

CRISPY CHICKEN WINGS (SALT & CHILLI OR JD HONEY BBQ) - 10

Mixed Leaf Salad, Garlic Aioli

FRITO MISTO - 9.75

Charred Lemon, Lemon Aioli, Peppery Rocket

SOUP OF THE DAY - 7

GF Bread, Whipped butter

HOT HONEY GLAZED HAM & FETA - 9.75

Charred Gem, Balsamic Reduction

MAINS

PAN FRIED SEA BASS - 22.50

sautéed Baby Potato, Roast Asparagus, Salsa Verde, Crispy Capers

ROAST CHICKEN SUPREME - 19.95

Dauphinoise potato, Charred Tenderstem Broccoli, Red Wine Jus.

FOUR TREES STEAK BURGER - 18.50

Flax Fed Irish-beef, BBQ Pulled Pork, Smoked Cheddar, Paprika Mayo, Lettuce, Tomato, Skinny Fries, Slaw

BOOKMAKER STEAK SANDWICH (SERVED MED RARE OR WELL DONE) - 19.50

Hot Honey Glaze, GF Bread, Rocket, Skinny Fries

KOREAN BBQ PORK RIBS 19.95

Charred Corn on the cob, Red Cabbage Slaw, Crispy Fries

100Z RIBEYE - 35

Skinny Fries, Tomato, Roast Mushroom,
Bushmills Peppercorn Cream

80z EXTRA MATURE FLAX FED IRISH RUMP - 28

Skinny Fries, Onion Rings,
Tomato, Roast Mushroom, Bushmills Peppercorn Cream

SIDES - 4.50

SKINNY FRIES | CHAMP | SEASONAL VEG | GARDEN SALAD

SAUTÉED GARLIC MUSHROOMS

SAUCES - 3.00

PEPPERCORN CREAM | GRAVY

DIPS - 1.50

SWEET CHILLI | GARLIC MAYO | SRIRACHA

PLEASE LET US KNOW BEFORE ORDERING FOOD OR DRINKS IF YOU HAVE **FOOD ALLERGIES OR DIETARY REQUIREMENTS**.
IN SOME CASES, FOOD ALLERGENS MAY BE UNAVOIDABLY PRESENT IN OUR KITCHEN.